

OCTOBER 2020

Scotia Union Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

5
Breakfast pizza
Bean & cheese burrito
Pizza stick

6
Pancake w/syrup
Taqitos
Yogurt & cheese stick

7
Breakfast burrito
Chicken sandwich
½ tuna sandwich

1
Bagel w/cream cheese
Hot dog on bun
1/2 turkey sandwich

2
Yogurt parfait
Fish sticks
Cheese pizza

12
Breakfast burrito
Orange chicken
Chicken wrap

13
Biscuit & sausage
Roast turkey/potatoes/gravy
Pita bread/hummus

14
Waffle w/syrup
Chicken nuggets
Cheese stick/pretzels

15
Bagel w/cream cheese
Hot dog
½ turkey sandwich

16
Yogurt parfait
Fish sticks
Cheese pizza

19
Breakfast pizza
Bean and cheese burrito
Pizza sticks

20
Pancake w/syrup
Taqitos
Yogurt & cheese stick

21
Breakfast burrito
Chicken sandwich
½ tuna sandwich

22
Bagel w/cream cheese
Hamburger on a bun
Ham & cheese bagel

23
Yogurt
Pepperoni pizza
PBJ sandwich

26
Breakfast burrito
Orange chicken
Chicken wrap

27
Biscuit & sausage
Roast turkey/potatoes/gravy
Pita bread/hummus

28
Waffle w/syrup
Chicken nuggets
Cheese stick/pretzels

29
Bagel w/cream cheese
Hot dog on a bun
½ turkey sandwich

30
Blob parfait
Fishy fingers
Wormy pizza

Breakfast offered daily along with main entrée: cold cereal, fruit and milk. Yogurt offered daily as main entrée alternate. Price: TK-8 free. Adults: \$2.75. Lunch offered daily along with main entrée: fruit, vegetable and ½ pint milk (white, choc or almond). Yogurt offered as an entrée alternate. Price: TK-8 free. Adults \$3.50

