



## BREAKFAST / LUNCH MENU OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<sup>2</sup> BLUEBERRY MUFFIN  HOT DOG	<sup>3</sup> BERRY PARFAIT  SLOPPY JOE	<sup>4</sup> BAGEL CREAM CHEESE  TAQUITOS SPANISH RICE	<sup>5</sup> FRENCH TOAST SYRUP  PULLED PORK TACHOS	<sup>6</sup> BREAKFAST BAR  CHICKEN NUGGETS RICE
<sup>9</sup> APPLE CINNAMON MUFFIN  MEATBALL SUB	<sup>10</sup> PANCAKE SYRUP  TACO SPANISH RICE	<sup>11</sup> BAGEL CREAM CHEESE  HOT TURKEY SANDWICH	<sup>12</sup> WAFFLE SYRUP  HAMBURGER FRIES	<sup>13</sup> BREAKFAST POP TART  ORANGE CHICKEN RICE
<sup>16</sup> BLUEBERRY MUFFIN  HOTDOG	<sup>17</sup> BERRY PARFAIT  SLOPPY JOE	<sup>18</sup> BAGEL CREAM CHEESE  TAQUITOS SPANISH RICE	<sup>19</sup> FRENCH TOAST SYRUP  PULLED PORK TACHOS	<sup>20</sup> BREAKFAST POP TART  CHICKEN NUGGETS RICE
<sup>23</sup> APPLE CINNAMON MUFFIN  MEATBALL SUB	<sup>24</sup> PANCAKE SYRUP  TACO SPANISH RICE	<sup>25</sup> BAGEL CREAM CHEESE  HOT TURKEY SANDWICH	<sup>26</sup> WAFFLE SYRUP  HAMBURGER FRIES	<sup>27</sup> BREAKFAST POP TART  ORANGE CHICKEN RICE
<sup>30</sup> BLUEBERRY MUFFIN  HOT DOG	<sup>31</sup> PANCAKE SYRUP  SLOPPY JOE			

**BREAKFAST - OFFERED DAILY ALONG WITH THE MAIN ENTRÉE. OATMEAL, COLD CEREAL, FRESH FRUIT AND MILK. YOGURT IS OFFERED DAILY AS AN ENTRÉE ALTERNATE.**

**PRICES ARE : K-8 FREE**

**LUNCH - A SELF SERVE SALAD BAR WITH A VARIETY OF FRESH FRUITS AND VEGGIES WILL BE OFFERED DAILY. YOGURT, PEANUT BUTTER AND JELLY OR TUNA SANDWICHES ARE OFFERED DAILY AS AN ENTRÉE ALTERNATE. LUNCH INCLUDES A 1/2 PINT OF WHITE, CHOCOLATE, OR SOY MILK. PRICES ARE: K-8 FREE**

